Eiken Dual-RSP G2#16

2 Story

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- 3 Jogging has become a popular activity with people of
- 4 all generations. Many joggers also participate in long-
- distance races. Nowadays, people who plan these
- events are using them to help others. For example,
- they organize races that raise money for charity.
- Joggers take part in such races, and by doing so they

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- 1) Who is jogging become a popular activity with? It have become a popular activity with people of all generations.
- 2) What do joggers participate in? *They participate in long-distance races.*
- 3) How are people who plan long-distance races using them?

They are using them to help others.

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4) How can joggers keep themselves healthy and help others at the same time?

By taking part in races that raise money for charity.

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5) Have you ever participated in a long-distance race?

Yes, I have. I ran a relay marathon during a school event.

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8) Why is it important for people to jog?

Because it can help them stay healthy and live longer and better lives.



